

# 2013

NSW Multicultural  
Seniors Association INC.

PO BOX 136 CONCORD  
NSW SYDNEY, AUSTRALIA



# [NSW MULTICULTURAL SENIORS ASSOCIATION]

ANNUAL REPORT 2013

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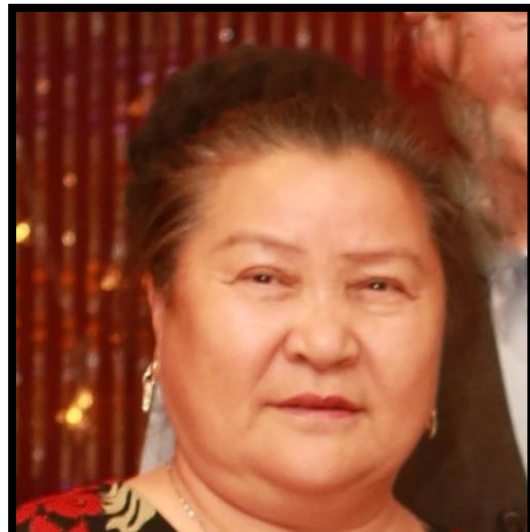
# COMMITTEE PROFILES



会长: 葛英蘭 (太平绅士)  
*PRESIDENT: Mrs Yin Lan Ge (Aga)J.P*



副会长: 张我华  
*Vice President : Wo Hua Zhang*



副会长: 戴秀珍  
*Vice President : Xui Zhen Dai  
(Lily)*



顾问: 王玉琴 (Walia)  
**Consultant: Yu Qin Wang (Walia)**



会计: 金明武 (Anatoli)  
**ACCOUNTS: Ming Wu Jing**



秘书: 丛托雅  
**Secretary: Tuo Ya Cong**



组织理事: 肖淑琴  
**General Affairs & Duties : Shu Qin Xiao (Shura)**



文体理事: 左连杰  
**CULTURE & ARTS: Lian Jie Zou (Lida)**



后勤理事: 刘淑萍 (LUBA)  
**Logistics/Administrator: Shu Ping Lui**

19<sup>th</sup> December, 2013

Dear Members & Friends,

We have received enormous support and encouragement from our members & friends this past year. The 2014 year ahead will prove many more sleepless nights & hard work, but the results are immeasurable in benefits to our members & friends and the community as a whole. We hope that you can continue to give generously & selflessly to our cause, as we are striving to become a more active & contributing organisation within our community.

Our major goal or objective for 2014 is to establish another branch in the Auburn NSW district to service & assist the many seniors of CALD backgrounds residing in the area.

Please see summary below of our small but many achievements from 1st January 2013 to 19<sup>th</sup> December 2013.

- 1) Members continue to meet every Thursday 12:00pm to 3:00pm Total activity duration is 3 hours located at Cabramatta Community Centre. Annual total account for 156 hours.
- 2) Members benefit once a month Day trips totalling 10 times this year.  
29 Members benefited from two Moree Spa outings. (Duration 3 weeks)  
18 Members & friends benefited 14 day Cruise to Fiji.
- 3) All Members continue to celebrate member's birthday once a month.
- 4) The President continues to participate in Fairfield Council meetings once a month to gain further education and increased knowledge on how better to assist our members  
Total voluntary hours contributed is 156 hrs. including on road time.
- 5) The President actively engaged and participated in various other community & seniors related functions and events to promote and increase our exposure to other Organisations.  
Total voluntary hours spent 140Hrs.
- 6) This year a total of 16 home or hospital visitations of sick & convalescing members were approved. Maximum of 40Hrs voluntary time spent.
- 7) Two Funerals were attended by our member's representatives.
- 8) 17 Members & Friends received assistance & documentation advice regarding Passports, Photo ID, renewing & application of new cards etc....
- 9) NSW MSA proactively sought donations throughout the year, and has benefitted by 96% contribution by full number of members. Donation totalling \$740.00 AUD.
- 10) Our Association & Collaborative Organisations have secured two grants, see below table for details.

Grant Title	Governing Body	Project Title
2013 Volunteer grants	Department of Families, Housing, Community Services & Indigenous Affairs of NSW	Volunteer Grant 2013
Heritage Grant 2013-2014	Royal Australian Historical Society	"Polukrovsky" Russian Chinese Documentary \$ 3,600.00 (funds to be released in Feb/14)

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- 11) NSW MSA is currently applying for the use or the donation of a large Cabinet
  - 12) 10<sup>th</sup> Anniversary of the NSW MSA establishment
  - 13) Annual General Meeting –
  - 14) Amend the NSW MSA Constitution
  - 15) Update & maintain proper documentation of all meetings & events in history log book
  - 16) Motion1 passed- Vice President , Mr Zhang Wo Hua will replace the The President, Mrs Yin Lan Ge in attending Monthly Community meetings at Fairfield City Council.
  - 17) Motion 2 Passed- Accountant, Jin Ming Wu will attend Community meetings on behalf of the President
  - 18) Lodgment of NSW MSA Annual Report 2013

I wish to take this opportunity to give my greatest & deepest appreciation & Thank you to all those who have selflessly given their all by volunteering their time, and/or donating generously for our Organization, without whom all our achievements to date would not be possible.

*NSW MSA promotes: Harmony, Tolerance,  
Kindness, Generosity, United, Hope,  
Engaging, Happiness, Active, Inclusion for all.*

Yin Lan Ge (Aga)

President of NSW Multicultural Seniors Association Inc.

## Major Achievements

Activities	What activity did or resulted in	What we accomplished as an Organisation	Qty /Hrs
Weekly meeting on Thursdays	Decrease social isolation, Promote healthy lifestyle by encouraging physical activity such as dancing, Education in English by having English tuition Encourage community involvement	Support & assist Seniors who are vulnerable due to age, disability and or from multicultural backgrounds Support assist those who are socially isolated Encouraged community involvement as a group	52 meetings to date 156Hrs
Day trip- once a month	Excursions by hire bus & driver to various location within the NSW region *( 2 x Moree Trips equal 3 weeks duration 29 members) *(14 Day Fiji Cruise 18 Members & Friends)	Promote positive & educational awareness about Australian life & culture (including art gallery )	10 trips to date Total 50Hrs
Monthly celebration of a nominated member's birthday	Celebrations include cake, singing & dancing	Promotes involvement and creates environment where love/care & respect are celebrated on birthday	12 celebrations for 48 members to date
Attend monthly "Seniors Network Meeting"	Held at Fairfield City Council A representative will attend these speeches/seminars & or meeting regarding issues regarding Seniors	Further education and increased knowledge on how better to assist our members. Increased exposure to other Organisations & how they can help us	12 meetings to date Total 36Hrs
Attend Organisation Leadership Course	Held by <b>Anglicare</b> Representative attends these training classes ( 2 Days)	Training has increased & improved leadership skills of Committee members	2 times to date Total 10Hrs
Home/Hospital visits	Attend home or hospital of sick or convalescing members	Provide cheer & support to member in time of need Decrease stress & depression during illness	18 visits of 16 members also attended 2 funeral Total 28Hrs
Lunch menu introduction	Maintained a rotational lunch menu selection every Thursday at meeting	Eliminated the stress of providing own lunch Introduced new diet & nutrition	48 as per meetings

Assisted and advised procedure in obtaining photo ID for several members including Passports	Assisted & advised for application of photo ID from RTA & Passport applications etc..	This provided the help & assistance by way of communication to apply for documentation due to language barriers.	17 members 51Hrs.
Received donations	Actively sought & collected donations from members, friends & other organisations	Increased financial stability of our Organisation Increased funds =more opportunities for more classes/activities etc....more involvement within the community	N/A
Applied for Community Inclusions Grant	Prepared & submitted Grant Application	Successful in 2 grant	N/A
10 <sup>th</sup> Anniversary of establishment	Planned & executed including invitations & entertainment	Increased exposure & promoted our Organisation as a stable & established Association	N/A
<b>Total Volunteers Working Hours</b>	<b>331Hrs</b>		

## ASSET REGISTER

<b>Date</b>	<b>Asset</b>	<b>Value</b>	<b>Condition</b>	<b>Stored Location</b>
15/6/12	Laptop	\$600.00	New	President
9/8/12	Food Trolley	\$57.00	New	Accounts
4/10/12	Food Storage Container x 3	\$29.95	New	Accounts
5/10/12	Radio (Donated)	Unknown	Old	Logistics Administrator
1/9/12	1 x Camera/Digital	257.00	New	Community Centre Storage
	1 x White Board	99	New	Community Centre Storage
	3 x Filing Cabinet	358	New	Community Centre Storage
	1 x Public Address System	570	New	Community Centre Storage
	1 x Overhead Projector/Screen	789	New	Community Centre Storage



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## List of Supporters:

Supporter 1: Nick Lalich MP, Member for Cabramatta

Supporter 2: Juana Reinoso, Manager of M.C.C.S

Supportor 3: Engueni Singatouline

Supporter 4: Yvonne Santalucia – Multicultural Aged Equity Officer, **SWSLHD**

Supporter 5: Phillip Vukovic -Multicultural Aged resource Officer- Fairfield Migrant Resource centre

Supporter 6: Richard Lu – Director of Chinese Radio 2OR

Supporter 7: Paul Singer- Developer of Viceroy Mt Gilead Retirement Village

Supporter 8: Michael & Tracy – Image Painting Pty Ltd

Supporter 9: Victor Li- Director - Dragon Plasterboard Pty Ltd

Supporter 10: LDW Group Pty Ltd

Supporter 12: Aspen Group (Aust) Pty Ltd

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## ***How you can help?***

Donations of cash or cheque are accepted by Direct deposit to any branch of the Commonwealth Bank.

Please make cheque to :

**NSW Multicultural Seniors Association Inc.**

**BSB: 062130**

**Account: 11130512**

Mail Cheque to:

**PO BOX 136 CONCORD NSW 2137**

**Please reference your name and include your contact details if you wish to receive receipt for your donations. Thank you very much for your continued support!**

**Should you wish to contact the NSW Multicultural Seniors Association, please contact**

**Mrs (Agathia) Yin Lan Ge on :**

**Mob: 0424 053 636 or alternatively please**

**Email: [yinlange60@hotmail.com](mailto:yinlange60@hotmail.com)**