



Annual Report

MULTICULTURAL SENIORS ASSOCIATION INC

30/06/2025 - 01/07/2026



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Certificate of Achievement



On the occasion of Australia Day 2026, our two organizations—the Multicultural Seniors Association and the Australian Russian-Chinese Friendship Association Inc jointly sent five representatives to attend the celebrations hosted by Fairfield Council.

During the event, President Agathia Ying Lan Ge had the honor of accepting a certificate of appreciation and an award from the Council on behalf of both associations. This recognition serves not only as a tribute to her personal leadership and spirit of service but also as a strong affirmation of the efforts made by all our members to actively integrate into the local community and foster cultural inclusion and social harmony.

We extend our sincere gratitude to Fairfield Council for organizing this meaningful event and for providing a platform for us to showcase our culture and engage with others. Moving forward, we remain committed to our mission of friendship and mutual support, and we will continue to actively promote multicultural dialogue and understanding, contributing to the prosperity and development of our community.

About the Association

Multicultural Seniors Association Inc was registered on 29/05/2012 in Fair Trading NSW.

Summary of the work of the Multicultural Seniors Association from July 1, 2025 to June 30, 2026 from July, the Multicultural Seniors Association been carried out a variety of activities, mainly focusing on health and entertainment, cultural exchanges, home care package services and community interaction among the middle-aged and elderly. The following is a summary of the year's work.

Committee of NSW MSA



PRESIDENT: Mrs Yin Lan Ge (Agathia) J.P

Agathia Yin Lan Ge is the founder and president of the Multicultural Seniors Association. She has worked tirelessly for over a decade, frequently recognized as an outstanding employee in various levels of government, and has brought the Association to the entire city of Sydney.



Executive President: XinJia Dou

XinJia Dou is the Executive President of the Multicultural Seniors Association. For over 10 years, he has devoted himself to serving the senior community through selfless volunteer work. Known for his dedication and strong leadership, he oversees the Association's activities while also choreographing dance performances and editing music for cultural events. At 75 years old, he continues to inspire others with his energy, passion, and unwavering commitment to the community.



Vice Executive President: Caroline YANG

Caroline Yang is the Vice Executive President of the Multicultural Seniors Association. She is passionate about public welfare and actively participates in community activities, making important contributions to the development of the Association. She has strong organizational skills and is good at coordinating resources to promote successful community cultural events.



General Secretary: Xiu Ping JIANG

Xiu Ping Jiang is the General Secretary of the Multicultural Seniors Association. She is meticulous and responsible for the daily administrative affairs and meeting records of the Association. She is enthusiastic and helpful, and is one of the indispensable core members of the Association.



Financial Director: Shu Rong ZHANG

Shu Rong Zhang is the Financial Director of the Multicultural Seniors Association. She oversees the Association's finances with professionalism, accuracy, and integrity, ensuring transparent financial management and the responsible use of funds. Her dedication provides a strong foundation for the Association's continued growth and success.



Vice President: Xiu Mei ZHANG

Xiu Mei Zhang is the Vice President of the Multicultural Seniors Association Inc. She is passionate about community service and actively participates in organizing and planning various activities, making important contributions to the development of the Association. She is approachable and deeply respected and loved by members.



Vice President: Wenguang YAN

Wenguang Yan is the Vice President of the Multicultural Seniors Association. He is upright and passionate about public welfare, and has long been committed to community building and cultural exchange activities. He actively promotes the work of the Association and provides much help and support to members.



Vice President: Wang Yumei (Nina)

Nina Wang Yumei is the Vice President of the Multicultural Seniors Association. She has diligently completed all tasks assigned by the association over the past ten years and actively participated in the organization and coordination of major events. She is a responsible and dedicated member of the leadership team.



Logistics Director: Gui Ying SONG

Gui Ying Song is the logistics director of Multicultural Seniors Association. She is responsible for logistical support for major holidays and various events. Her daily duties include assisting the association with choreographing dance music, distributing information about events and dance parties on time, and creating numerous video accounts to promote the dance parties, attracting many dance enthusiasts through these channels. In addition, she also arranges volunteer work every week.



General Manager of the Dance Hall: Shaofen Zhang

Shaofen Zhang is the general manager of the Multicultural Seniors Association Dance Hall. She loves her work at the dance hall and is an upright person. Although she is retired, she remains dedicated and responsible in her work, working without regard for compensation. She is a teacher deeply loved by the dance enthusiasts.



Hu Wen Mei - Director of the Dance Troupe

Hu Wen Mei is the Head of the Multicultural Seniors Association's Art Troupe. She is responsible for communication and exchange among the art team members, and leading the team to participate in community cultural exchanges and interactions as well as traditional performances.

Organisation Chart



Congratulations! On July 17, 2025, the "Voice of China" newspaper published a deeply moving story by President Yin Lan Ge titled "My Life in Australia, My Second Home." President Yin Lan Ge is a source of pride for us all. Through organizing cultural activities, championing charitable causes, and fostering multicultural integration, she has significantly boosted community engagement among middle-aged and elderly residents. Her leadership and dedication have not only earned widespread acclaim for the Association but have also set a positive example for the Australian Chinese community. She consistently gives back to society through concrete actions, contributing quietly and personally with great effort and devotion. We feel truly honored and fortunate to have such an outstanding president.



A new operational year begins this July. We are grateful for our collective efforts over the past year and look forward to forging ahead bravely in the year to come. Our mission is to provide a healthy and comfortable platform for middle-aged and older adults. Our regular weekday dance sessions (Monday through Friday) will continue...

The Granville Dance Hall has recently become increasingly popular.

This success is a testament to the dedication of President Yin Lan Ge and President XinJia Dou, the vice presidents, the dance hall manager, and the hard work of all our volunteers...

Community Update

AUBURN TOWN HALL

Auburn Town Hall

The ballroom and court dance classes at Auburn Town Hall are currently undergoing further adjustments. We hope that our efforts will lead to even better results.



PENNANT HILLS

Wednesdays, 11:30 AM – 1:30 PM.

At the Pennant Hills dance hall, volunteers facilitate interactive dance sessions. It's a place to unleash your passion and dance with youthful energy. We welcome more dance enthusiasts to join in!



GRANVILLE TOWN HALL

Renovations at Granville Town Hall are now complete, and Instructor Wang Shu's weekly Tuesday morning Ballroom Dance and social dance sessions have resumed. On the morning of July 29, the "Lianyouhui" Ballroom Dance Group, led by Instructor Wang Shu, hosted a formal ballroom dance party at Granville Town Hall. Dancers dazzled in elegant attire, moving gracefully to classic melodies. Passion and romance filled the dance floor, showcasing the vibrant spirit of their lives.

This event offered a wonderful glimpse into the lives of older adults. We extend our gratitude to President XinJia Dou for attending in person and to the volunteers who provided their services.

Special thanks go to Instructor Wang Shu and his wife for their active organization of the event and for providing delicious food. The event was a resounding success, and we look forward to more opportunities to host similar gatherings.





“

Liao, Vice President of the Australian Russian-Chinese Friendship Association Inc, is a model of filial piety. His meticulous care for his mother—whether combing her hair or celebrating her birthday—reveals the deep-seated kindness and goodness within him. Such qualities are truly precious and worthy of emulation.



The Australian Russian-Chinese Friendship Association, consistently maintains a diverse range of activities every Tuesday at the Calgary community center, providing an excellent platform for seniors. Everyone enjoys attentive care at the center, including joyful birthday celebrations for seniors born in the current month. We extend our gratitude to all the volunteers for their hard work and dedication.

In the conference room downstairs, the Blue Jacaranda Art Troupe is rehearsing under the leadership of Director Shanshan. Every member is deeply focused. Their singing—precise yet passionate—is clear, mellow, and perfectly synchronized. Occasionally, two-part harmonies can be heard; though the members have entered middle or old age, their voices remain youthful.



The art troupe is rehearsing upstairs; every member is fully focused.

Dance Competition Update: The first judges' meeting for the Lianyou Association Dance Competition: Revitalising Elegance was held on the morning of 12 July at 1-3 William Street, Lidcombe. Discussions focused on key competition details, with an emphasis on promoting community culture and the belief that participation is the greatest achievement. The competition also aims to further raise the performance standards of our community arts groups. Thanks to the judges' valuable guidance, preparations have been further refined, and the initial planning and staffing arrangements for the competition have now been finalised.

Closing Words

The Multicultural Seniors Association and the Australian Russian-Chinese Friendship Association offers a wide variety of activities for middle-aged and older adults, providing an excellent platform for fostering community culture. We hope our friends in this age group enjoy every day to the fullest, and we will continue our efforts to serve you.

悉尼各民族中老年联友会及中俄后裔联谊会

年鉴编写组

在澳大利亚悉尼市,有一个当地闻名的各民族中老年联友会及中俄后裔联谊会。现任会长是一位74岁的中俄后裔女士,她的中文名字叫葛英兰。多年来,由葛英兰牵头成立的各民族融合、中俄后裔联谊的两个社团,办的有声有色。这在澳大利亚应该是首家,或者说是唯一的一家。

2012年5月29日,由葛英兰等几位发起人,在澳洲政府注册了一个社会公益慈善组织:各民族中老年联友会。后来她们又注册成立了社团组织:澳洲中俄后裔联谊会、澳洲中俄后裔联合会。这些都在葛英兰老人及其团队的统一领导和指挥下运行。这些中老年人,12年如一日的开展各种公益慈善活动,收到了良好的社会效益。被称为中老年新移民的家。

葛英兰老人是中国内蒙古自治区的一位滑冰运动员,1984年携全家移民到澳大利亚悉尼。她在2004的一次体检中查出了胃癌,治愈后便投入了创办公益慈善事业,为各民族广大中老年移民、中俄混血后裔和社区养老服务贡献力量。

在各民族中老年联友会里,有来自世界各地的华人、越南人、俄罗斯人、蒙古人、



韩国人等各民族的会员。联友会发展很快,由最初的十几人,再到几百人,现在已经达到了注册会员3000多名。中俄后裔联谊会注册会员80多名。根据悉尼地区的中俄后裔情况,她们又成立了一个中俄后裔联合会。使中俄后裔的联谊范围由本市扩大到整个大悉尼地区,参加活动的人员更多了,影响力更大了。

各民族联友会、中俄后裔联谊会、中俄后裔联合会,三个组织一套人马。大家齐心协力,共同演绎着多元文化共融的公益慈善事业大戏,收到了众多荣誉和表彰。

多民族联友会共有四个常

设部门,分别是:秘书办、财务办、后勤办、文化团。

联友会的主要服务活动有三个:一是为会员服务。这点主要是开办英语培训班,为新移民进行英语培训,帮助其更好的融入澳洲社会生活。还有举办交际舞会,让中老年人生活变得更加快乐,提高身心健康,减少疾病,降低政府的医疗成本。同时,还开展了唱歌班、舞蹈班、民族艺术团、居家养老等项目。他们为会员服务活动从每周一至周五,天天都有。二是接受政府委托管理带薪的社区义工,为居家养老和社区工作服务。现在已有固定义工30名。三是组织各种联欢晚会和节庆活动。组

织会员表演各民族特色的文艺节目,促进多元文化交流,增加不同民族的团结。尤其是中俄后裔的活动为这些移居澳洲的人们创造了良好的交流机会。这些活动充分实现了他们组建社会组织的宗旨和初心。

以上3个组织还在社会救灾、救助等方面积极组织捐款捐赠,受到了政府和社会的普遍好评。

新南威尔士州立法议会厄克拉奇议员,这样评价各民族联友会:在我们社区中许多各族老年人因英语匮乏,缺乏锻炼,导致糟糕的健康状况。新州老年联友会,一直为社区老年人组织各种各样的跳舞、唱

歌每月郊游等活动。它的宗旨是帮助来自不同文化和语言背景的老人过上健康、独立和快乐的晚年生活。许多国家和国际研究表明,老年人多参与社会活动、社交和各种锻炼身体,会让他们拥有更好的生活质量。所以,新州联友会的项目和活动极受欢迎。在过去的一年里该协会的会员人数增加了一倍多。随着人口的老龄化,老年人对该项目的需求愈来愈多。联友会还获得了新州议会颁发的“2018年度新南威尔士州老年本地成就奖”。

俄罗斯驻澳大利亚大使,瓦罗拉普洛夫斯基,在堪培拉发信给中俄后裔联谊会会长葛英兰的感谢信中说:我真诚地感谢您积极推动多元文化发展,旨在加强俄罗斯和中国社区在澳大利亚之间的友谊发展项目。您领导的协会享有应有的权威和尊重,为保存民族和文化特性做出了重大贡献。期待继续开展富有成效的合作。

此外,多年以来各民族联友会和中俄后裔联谊会、联合会,还获得澳大利亚各种不同地区议会与政府的表彰和致谢。同时,也获了新州华人社团联合会等组织的嘉奖和广大华人社团的好评。

(转自《澳华年鉴》)

More good news! On the 8th of August, Voice of China published a feature article on the Multicultural Seniors Association and the Australian Russian-Chinese Friendship Association. The article highlights the organisations' inspiring work and their valuable contributions to fostering a harmonious multicultural community under the leadership of President Yin Lan Ge. This recognition is a testament to their dedication and outstanding service to the community.

The Cabramatta Activity Centre, personally organized and led by President Yin Lan Ge, boasts a strong leadership team and a capable group of volunteers. It serves as a vibrant hub for seniors of Chinese and Russian descent, earning high praise from local government authorities and great popularity among the elderly community. The centre offers a variety of activities tailored to the diverse interests and hobbies of seniors—promoting both physical and mental well-being—and helps enrich their lives during their golden years.



Community Update

GRANVILLE TOWN HALL

The Multicultural Seniors Association at the Granville Dance Hall has achieved great success under the leadership of President XinJia Dou. Featuring a spacious, bright setting and beautiful, captivating melodies, the dance hall is filled with joyful smiles; it offers a place to relax, have fun, and get some exercise—an ideal social hub for middle-aged and older adults that is deeply loved by the dance community.



PENNANT HILLS

Every Wednesday from 11:30 am to 1:30 pm, dance sessions are held at the Pennant Hills Dance Hall, with promotional videos helping to attract new participants. The venue is managed with dedication by Vice President XiuMei Zhang, with strong support from the Association's performing arts groups. As the lively music of "Little Apple" fills the hall, teachers and participants dance together with energy and enthusiasm, creating a vibrant atmosphere and bringing the community together.

AUBURN TOWN HALL

Ballroom and court dance classes at Auburn Town Hall: Led by Ms. Zhang Shaofen with the support of her husband, these classes are dedicated to teaching and demonstrating the steps, while the students work hard to improve their skills. Keep up the great work!



Thanks to the dedicated efforts of President Yin Lan Ge and Manager Brenda, home-based elderly care services in the Auburn area have achieved gratifying results.

Congratulations to Auntie Hong and Uncle Qiu on successfully passing their home-based elderly care assessment last Tuesday; the assessor has notified them today that the care service classification is complete, and they will soon be able to start receiving services.



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My spouse and I feel truly honored to have received assistance from President Yin Lan Ge of the Multicultural Seniors' Association and Manager Brenda during our most difficult times; their support allowed us to feel the warmth of the organization amidst our hardships. The home-based elderly care service platform is absolutely wonderful. Thank you!

On the morning of August 2, 2025, at 11:00 AM, the dance competition organizing committee held a second meeting for team leaders at the Russian Club (1-3 William St, Lidcombe). The meeting was hosted by Yang Na and attended by Presidents Yin Lan Ge and XinJia Dou; Li Wenchen (President of the Canberra *Australian-Chinese Annual*); Shen Feng (Principal of the Senior Citizens' University); President Lin Gang; the leader of the "Mishen" troupe; the lighting and sound technicians; and the leaders and instructors of various art troupes.

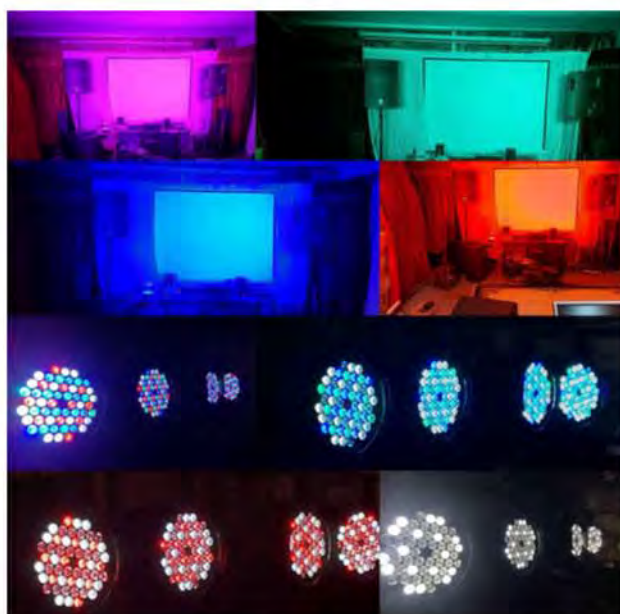
During the meeting, Li Wenchen expressed strong support for the association in mobilizing so many Chinese troupes to participate and in independently organizing this dance competition, noting the Association's vital role in fostering community development. President Yin Lan Ge stated that the competition aims to elevate the performance standards of middle-aged and elderly participants, facilitate mutual exchange and friendship, and bring greater vitality and dignity to the lives of seniors. Subsequently, Director Yu Tian outlined specific requirements for the preliminary round (details provided separately). The meeting also sought input on and emphasized several key points, including the site visit and background image selection for participating teams, scheduled for Wednesday, August 6, from 12:00 PM to 1:30 PM at the Pennant Hills Community Centre (Ramsay Road, Pennant Hills, NSW 2120).

2. A total of 16 teams have registered so far; if any groups have better performance pieces, please submit them as soon as possible.

3. Please submit the competition music for each team to Vice President Yu Xiaoli of the organizing committee within the next two weeks.

4. The competition stage will be available for team rehearsals from late August through early October; please contact Team Leader Ma Li of the organizing committee to schedule rehearsal times. Finally, President Yin Lan Ge solicited everyone's input. On the day of the dance competition, Li Songshi—President of the Famous Painters Association—will personally fill in the names of the award winners. Lunch will be provided on the day of the event; meal tickets are \$30 per person, and team leaders are asked to purchase them from Vice President Yu Xiaoli. President XinJia Dou concluded by wishing the dance competition complete success. Wen Guang and Yu Ru are responsible for logistics and support.

Work on the stage backdrop design, lighting style, and music production for the August event has been essentially completed, following the meticulous design and selection efforts of instructors Sue, Haibao, and Chen Hong. We extend our gratitude to the three instructors for their hard work.



"Good Deeds" Spotlight: The volunteers at the various dance clubs are not only enthusiastic in their service but also unfailingly honest. Whenever a fellow dancer loses an item, they make sure to post a notice and return the property to its owner. Whether it is earrings, umbrellas, water bottles, clothing, or shoes left behind in the dance halls, these items are consistently kept safe and returned intact—a spirit of integrity that has earned them high praise from the dance community.



Closing Words

Finally, thank you all for your enthusiastic participation in the various activities of the Association. We also extend our gratitude to the volunteers for their selfless dedication. Let us continue to strive together—pursuing health, dancing with joy, and living lives that are increasingly fulfilling and vibrant—under the leadership of Presidents Yin Lan Ge and XinJia Dou.

| September 2025 Briefing

The Multicultural Seniors Association is dedicated to providing a health-oriented platform and hosting dance events for older adults every weekday (Monday through Friday). Leadership is present on-site, volunteers provide enthusiastic service, and the dance music is delightful. In September, in response to requests from dance enthusiasts, the Granville Dance Hall added a new Tuesday morning session.

The venue's excellent environment attracts dancers from various areas, creating an atmosphere that is both lively and romantic.



Community Update

Auburn Town Hall

Auburn Town Hall Ballroom and Court Dance Classes: Ms. Zhang Shaofen leads the instruction and demonstrations, while enthusiastic volunteers provide support. Participation among dance enthusiasts is on the rise:

PENNANT HILLS DANCE HALL

Wednesdays, 11:30 AM – 1:30 PM.

At the Pennant Hills dance hall, Vice President Zhang Xiumei manages operations with great dedication, and the volunteers provide excellent service. Due to the time slot, however, attendance has been limited; further effort is needed to boost participation.

Police and community work together to build a harmonious community. September 23rd. On September 30th, the approachable Auburn Chief Constable Robert Torton made his second visit to the Auburn City Hall Multicultural Seniors Association.

- Participate in activities. Share the joy! Take photos to commemorate the occasion.

Last year, our respectable and lovable police chief also visited our Multicultural Seniors' Association, and together with everyone, explored community building.

HOME-CARE PACKAGE SERVICE

The Auburn in-home elderly care service has made gratifying progress. On September 8, Manager Brenda contacted clients to update their information and handle proxy arrangements based on their specific needs; she followed up again on September 25 to check on the status of their applications. Additional clients have since received assessment notifications. Manager Brenda is highly attentive, meticulous, and patient, earning the affection of everyone she serves.

Regarding Home Care Package services, the Cabramatta Activity Center has consistently provided convenient services for elderly people of Chinese and Russian descent, offering transportation every Tuesday to pick up and drop off those attending various activities organized by the center. Lunch is also provided. With the Mid-Autumn Festival approaching, the activity center held a self-organized entertainment event, creating a rich and vibrant ethnic cultural atmosphere.

Judges' Preparation Meeting

Preparations for the Multicultural Seniors Association's Rediscovering Youth Dance Competition are proceeding smoothly. On the morning of September 11, President Yin Lan Ge presided over a preparatory meeting for the competition judges at Granville Town Hall, where hosts and scorekeepers conducted a live simulation of the scoring and tabulation processes. During the meeting, Director Liang presented suggestions for the competition and addressed related inquiries. Participants engaged in a serious discussion to establish standardized criteria—ensuring fairness, impartiality, and reasonableness—and shared their views on ensuring the smooth execution of the entire event. Ultimately, President Yin Lan Ge was appointed as the head of the judging panel, and Instructor Cui was designated to provide final critiques and address team-related matters. It was also decided that competition videos would be distributed to the judges in October, followed by a group discussion to screen and select the entries.



Participating art troupes have increased their rehearsal frequency this month; the troupe leaders deserve commendation for their conscientious and responsible organization. Program submissions were finalized by the end of the month. The backdrop design, overseen by Ms. Sue, has been completed, and the submitted programs have been forwarded to the competition judges for preliminary review. A significant amount of work is now well underway.



To celebrate the Mid-Autumn Festival, the Multicultural Seniors Association Court Dance Class hosted a grand formal dance party on September 30th, attended by over 100 dancers.

On-site Report:

To celebrate the traditional Chinese Mid-Autumn Festival, the Multicultural Seniors Association Court Dance Class held a formal Mid-Autumn dance party this afternoon (1:00 PM – 4:00 PM) at Auburn Town Hall.

The event featured a rich and varied program, accompanied by refreshments.

The festivities began with holiday greetings from President Yin Lan Ge, followed by performances from:

The "Sailor Dance Troupe," which presented an enthusiastic and spirited "Happy Jitterbug" that drew cheers from the audience;

The "Ballroom Dance Troupe," which danced gracefully to elegant melodies, bringing great joy to the spectators;

A Latin dance performance, showcasing unique charm through graceful, spirited, and fiery moves;

And the "Court Dance Troupe," displaying elegant choreography and refined poise.

Today, the participating dancers, dressed in festive finery, joyfully expressed their happiness to the accompaniment of stirring music. This atmosphere—combining spectatorship with active participation—was a true delight and a boon for health, adding extra luster to the festivities. During the event, the young Auburn Police Chief and the department's liaison officer extended their best wishes and posed for photos with the ladies, demonstrating a truly approachable and friendly spirit. This Mid-Autumn Festival "Palace-Style" Costume Ball was not merely a joyful gathering, but a grand occasion for dancers to showcase their personal charm. We extend our gratitude to the organizing association for providing this platform and to all the volunteers for their dedicated service. This event is sure to remain an unforgettable memory for everyone involved! Finally, wishing everyone a happy National Day and Mid-Autumn Festival!



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The "Jacaranda Art Troupe" held a joyful Mid-Autumn Festival celebration at the Granville Town Hall activity room. The event was filled with the resounding singing of "Auld Lang Syne," laughter, and delicious food; everyone had a wonderful time. Special thanks go to Troupe Leader Shanshan for the meticulous planning.





Closing Words

Finally, I am grateful for September—a month filled with bountiful rewards and joy. Under the leadership of President Yin Lan Ge and President XinJia Dou, let us join hands to welcome the successful hosting of the "Reshaping Youthful Elegance" Dance Competition in October.

| October 2025 Briefing

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Warmest congratulations on the "Rejuvenating Youth" Dance Competition Finals of the Multicultural Seniors Association! This dance competition was successfully held on October 25th at the Pennant Hills Community Centre. It was the result of eight months of meticulous planning by our President Yin Lan Ge and the support of the organizing, judging, and logistical teams. The first-prize winning team was accurately selected and received unanimous recognition from the audience. Through this event, the artistic skills of the teams were fully utilized and improved, with a harmonious balance between activity and participation. The majority of participants were in their 60s and 70s, with even dancers in their 80s actively participating. This played a positive role in improving the physical fitness and health of middle-aged participants through dance. The entire process of our dance competition was published in Asia Pacific Film and Television. Zhang Baojun's article on the competition received extremely high click rates and was included in the "Featured" section. Special thanks to teachers Sun, Lu, and Rui for capturing vivid images of the dance competition. Special thanks to Chairman Xiao of the Canberra Photography Association for personally driving to the scene to provide exquisite masterpieces for the performing teams and individuals.

The Sydney Multicultural Seniors Association was established in May 2012. It is a social welfare and charitable organization registered with the New South Wales government. The president is Yin Lan Ge, and the executive president is XinJia Dou.

For over a decade, the Association has adhered to its mission of serving, caring for, and assisting middle-aged and elderly people, organizing various activities beneficial to their physical and mental health based on their diverse interests and hobbies. Currently, the Association operates over a dozen activity centers across Sydney, enabling middle-aged and elderly people of all ethnicities to engage in recreational and fitness activities.

Meanwhile, the association has also established more than a dozen arts groups, allowing every arts enthusiast to fully utilize their talents. Currently, the Sydney Senior Citizens' Association has over 3,000 official members, and participation in its activities is no longer limited to middle-aged and elderly people; many young people are also involved.

《再塑芳华》中老年舞蹈大赛于昨日在悉尼举行



影艺文化

2025-10-26 16:52

澳大利亚多民族中老年联友会致力于推动和倡导多元文化在社区活动中的普及和进展，旨在促进各文化团体间的相互协作与交流，加强对社区服务功能多样化的探索和体验，尤其与俄罗斯，哈萨克斯坦，乌兹别克斯坦、新疆维吾尔族等和有华裔血统的各民族团结协作，多年来受到海内外华人华侨、当地政府和社会各界的广泛赞誉。



The "Recreating Youthful Beauty" dance competition for middle-aged and elderly people was held in Sydney yesterday.

The Multicultural Seniors Association is dedicated to promoting and advocating for the popularization and advancement of multiculturalism in community activities. It aims to foster cooperation and exchange among various cultural groups, enhance the exploration and experience of diversified community service functions, and especially unite and cooperate with ethnic groups of Chinese descent, such as those from Russia, Kazakhstan, Uzbekistan, Xinjiang Uyghurs, and others. Over the years, it has received widespread praise from overseas Chinese, local governments, and all sectors of society.



Guests attending this dance competition included the Russian Consul General in Sydney, a former New South Wales Legislative Council member, leaders from municipal government departments, the chief director of the "Blessed Mountains, Blessed Waters, Blessed World" Australian Spring Festival Gala, and leaders from various friendly organizations. They also took the stage to deliver congratulatory speeches for the event.





The judging panel of the conference, with President Yin Lan Ge serving as the chief judge.

This dance competition featured a wide variety of styles, excellent materials, and a high level of performance, showcasing the passion for dance among middle-aged and elderly people. The 21 finalist teams left vivid impressions on the stage. The Jacaranda Art Troupe provided entertainment and cheers for the awards ceremony.







The three teams that won the first prize in the finals were:



the Sydney Blue Flower Dance Troupe's group dance: Spring Festival Yangko.



Group dance by the Jasmine Art Troupe of the Friendship Association: The Night Banquet of the Tang Dynasty



Sydney Chinese Folk Dance Troupe's Duet: My Flowers



This dance competition also awarded 4 second prizes, 5 third prizes, 9 honorary prizes, 2 outstanding creation prizes, and 3 outstanding group performance prizes. Congratulations to all the participating works for their excellent results!

Guests and judges presented certificates and banners to the winning teams and individuals.





To celebrate the successful conclusion of the dance competition, President Yin Lan Ge Yinglan delivered a speech, summarizing the event, expressing her gratitude, and offering her thanks.



Today is a wonderful day that we should all remember. After eight months of careful preparation and hard work, the "Recreating Youthful Glory" Dance Competition of the Multicultural Seniors Association has finally come to a successful conclusion.

Looking back on these eight months, we've shared sweat and laughter, overcoming difficulties and challenges together. From the initial concept in early autumn to the winter rehearsals, and finally to the spring competition, every step has been a testament to the hard work of all the participants, organizers, and volunteers. Today, every wonderful dance and every radiant smile on stage is the best reward for our efforts over these eight months.

We not only successfully completed a competition, but also built a dazzling stage for middle-aged and elderly people to showcase their talents, allowing "youth" to bloom again in the melody of the new era!

Through this competition, we not only improved our physical fitness but also enhanced our dance skills. I hope that all art troupes will showcase their unique and brilliant charm in the 3rd National Ethnic Minorities Dance Competition for Middle-Aged and Elderly People.

Dear team leaders, after eight months of hard work and anticipation, the dance competition we have all witnessed finally came to a successful conclusion yesterday. At this moment, all the sweat and effort have transformed into the most dazzling light on the stage.

First of all, my warmest congratulations to all the winning teams and dancers! Your talent and hard work have earned you this honor!

Similarly, heartfelt applause is also for every participant who stepped onto the stage; your courage and enthusiasm are the most moving sight of this competition.

Here I want to commend the original Jitterbug Sailor Dance, the colorful khatas, and the Sri Lankan Jar Dance; your dances were fantastic.

Special thanks to every team leader present. From mobilization and rehearsals to the final competition, it is your organization, dedication, and selfless contributions to the team that have made this wonderful event possible.

Thank you to all the staff and volunteers, both on and off stage; your teamwork was key to the success of the event.

On October 25, 2025, the day of the "Rejuvenating Youth" dance competition hosted by the Multicultural Seniors Association, a touching scene unfolded. When everyone saw nearly 80-year-old President XinJia Dou personally carrying large pots and chairs for the meeting, Vice President Xiumei immediately rallied her team members to help. This action was not accidental, but a natural manifestation of her long-standing example and advocacy of mutual assistance. Under her leadership, team members responded enthusiastically, quickly completing the material transport work and ensuring the smooth running of the meeting, filling the venue with a friendly and cooperative atmosphere.

Therefore, after careful consideration, it was decided to fully recognize the high sense of collective honor, helpfulness, and outstanding teamwork demonstrated by Vice President Xiumei and her sailor dance team, and award them a bonus of +0.25 points.

The spectacular success on stage is inseparable from the hard work and dedication behind the scenes. Although the eight-month-long dance competition for middle-aged and elderly people of various ethnic groups has come to a splendid end, the stories behind the spotlight deserve our remembrance and respect.

A tribute to the solid logistical backbone:

Vice Executive President Yu Xiaoli, Vice President of Culture and Broadcasting, and Logistics Director served as the "energy replenishment station" outside the event venue. From carefully procuring ingredients to processing them into semi-finished products at President Yu's home, they cooked up warmth with their sweat, providing the most solid guarantee for the smooth operation of the event.

A tribute to outstanding planning and execution:

Executive Director Yutian, with his extraordinary meticulousness and professionalism, devoted countless efforts and time to the entire process, from blueprint planning to implementation, ensuring the precision and smoothness of every aspect of the competition.

A tribute to the support that transcends mountains and seas:

Director Liang Yi made a special trip back to China for this event, and this support across mountains and rivers demonstrates an irreplaceable sense of responsibility and deep affection.

A tribute to the soulful voices on stage:

Host Yang Na, from the first press conference to the final series of interviews, used her wisdom and enthusiasm throughout the event, adding countless highlights and serving as the key figure connecting all the wonderful moments.

Special thanks to Ms. Wang Shuling for designing the stage backdrops for all 21 performances.

Special thanks to Mr. Chen Hong for collecting and recording the music from each team throughout the entire process.

The successful conclusion of the competition is thanks to every unsung hero! The final page shines even brighter and is more precious because of every effort and every drop of sweat you have given.

| Comments from participants

@

Dear President Yin Lan Ge, congratulations on the successful completion of the "Recreating Youthful Glory" dance competition organized by the Multicultural Seniors Association! The success of this event reflects the hard work and dedication of countless people. The eight months of preparation were the result of the collaborative efforts and tireless work of everyone involved, both on and off stage. In her summary, President Yin Lan Ge praised and thanked everyone, but not herself. As the overall coordinator, President Yin Lan Ge's strategic planning and meticulous command ensured the smooth running of the competition, which had 21 participating teams. President Yin Lan Ge's contribution is invaluable, and we should learn from her and applaud her outstanding character!

Participating in the dance competition organized by the Multicultural Seniors Association, I was constantly infected and surrounded by the joyful atmosphere of the performers. Their basic skills were solid, their movements graceful and light, flowing like clouds and water. They displayed both high-level technical skills and the rhythm and romance of the Spring Festival, as well as the magical legend of the Eight Immortals Crossing the Sea... Congratulations on the successful performance! A sincere thank you to you all; thank you for your hard work.

On October 25, 2025, the "Recreating Youthful Glory" Dance Competition, hosted by the Multicultural Seniors Association, with Yin Lan Ge as president, was grandly held. After eight months of preparation and preliminary rounds, 21 artistic teams were selected to participate in this competition. Their dance moves were so elegant and composed, expressing not only beautiful steps, but also an ageless spirit and a pursuit of a beautiful life! Time flows like a song, and they danced to every note, interpreting the immortality and vitality of life with their graceful movements! Please enjoy!

President Yin Lan Ge and President XinJia Dou: We sincerely thank you for organizing the "Rejuvenating Youth" dance competition for the Friendship Association. It gave every member the opportunity to showcase their talent on a large stage. Thank you to the best photographers for capturing the most exquisite artistic photos and wonderful videos, preserving precious memories.

Thank you to everyone in front of and behind the camera, the logistics department, and the volunteers. Your hard work is evident to all. Thank you!

The dance competition has come to a successful conclusion. We will now have dinner together. Dinner is over. The dance party is about to begin.





Concluding Remarks: Although the dance competition has come to a successful close, the enthusiasm of the participants continues to shine. We have truly felt the pull of gravity here. These past few months of preparation and training have seen our bodies resonate with the music, and our cells pulsate with the feeling of movement. This time is worth cherishing and remembering! We sincerely thank the two presidents of the Multicultural Seniors Association, Yin Lan Ge and XinJia Dou, for their tireless efforts in charitable work, community service, providing a platform for middle-aged and elderly people, and actively organizing various celebrations and competitions. We are extremely grateful and thankful.

President Yin Lan Ge personally led a delegation representing the Multicultural Seniors Association and Australian Russian-Chinese Friendship Association to Fairfield Nursing Home for a performance, an activity that enriched the spiritual and cultural lives of the elderly and was full of love and joy. This event was reported by the "Voice of China" newspaper and deserves praise.

中国国庆日悉尼各民族中老年联友会和中俄后裔友谊会赴养老院慰问演出

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澳华通讯社

为了度过一个更有意义的中国国庆节，2025年10月1日，悉尼各民族中老年联友会和澳洲中俄后裔友谊会部分会员到费尔菲尔德（Fairfield）养老院进行了慰问演出活动，为养老院的老人们送去了欢乐，为促进中澳友谊与澳大利亚的多元文化建设提供了正能量。



On China's National Day, the Multicultural Seniors Association and the Australian Russian-Chinese Friendship Association performed at a nursing home to express their appreciation.

To celebrate a more meaningful Chinese National Day, on October 1, 2025, some members of the Multicultural Seniors Association and the Australian Russian-Chinese Friendship Association visited Fairfield Retirement Home to perform and bring joy to the elderly residents. This event also contributed positive energy to promoting China-Australian friendship and Australia's multicultural development.



President Yin Lan Ge explained: This event was of extraordinary significance. First, it was an exchange and integration of cultures: members of Chinese and Russian descent and other ethnic groups gathered with the elderly at Fairfield Nursing Home, showcasing the charm of traditional Chinese culture through music, dance, and other art forms, and promoting understanding and integration of diverse cultures.

President Yin Lan Ge also said: "This kind of warmth and care in the community directly brings joy and companionship to the elderly in nursing homes, adding color and important spiritual nourishment to their mundane lives. This is the most direct and valuable practice of social care."

Ge Hui believes that this performance was also a practical activity for the association's members to make the most of their retirement and enjoy life. The middle-aged and elderly friends who participated in the performance served the older generation with their enthusiasm and talents, which is a model of "active aging" and demonstrates everyone's energetic and dedicated spirit.





As the Mid-Autumn Festival approaches, our Association's art team is active in various communities, and President Yin Lan Ge delivered a moving speech.



Full Moon Celebrates the National Day and Mid-Autumn Festival – Speech on the Mid-Autumn Festival and National Day in 2025 Distinguished guests and friends, good evening!

A gentle autumn breeze carries the fragrance of osmanthus blossoms. On this auspicious occasion of the Mid-Autumn Festival and National Day, I am filled with joy at the warm invitation of Chairwoman Zheng Lili to gather with you all to appreciate this beautiful time, share our deepest friendships, and discuss a bright future. First, please allow me to extend my sincerest holiday greetings and best wishes to everyone present and your families!

The Mid-Autumn Festival, a cultural symbol passed down for thousands of years in Chinese culture, embodies people's deep longing for reunion, harmony, and happiness. Gazing at the bright, clear moon, we think of our loved ones far away, cherish the friendships around us, and deeply appreciate the warmth and strength inherent in the "family" as the cell of society. This care for our "small family" and our sincere devotion to the "greater good" have always been intertwined and coexisted in the bloodline of Chinese civilization.

National Day is a shared glory and dream for all Chinese sons and daughters. Seventy-six years of trials and tribulations, seventy-six years of fruitful achievements. Our nation has made remarkable and world-renowned achievements in its magnificent journey, significantly enhancing its comprehensive national strength, continuously improving people's living standards, and elevating its international standing. Every time the national flag is raised, every time the national anthem is played, it stirs the deepest patriotic feelings in our hearts, the immense power for national rejuvenation.

This year, the Mid-Autumn Festival and National Day coincide again, a coincidence of timing that is not merely a coincidence of time, but a perfect resonance of national sentiment. The happiness and reunion of individual families are inseparable from the prosperity and strength of the nation; the stability and prosperity of the nation also stem from the hard work and selfless dedication of millions of individual families. This profound connection between individual destiny and the future of the nation is precisely the source of our strength to overcome all difficulties and obstacles and continuously move from victory to new victories. Currently, we are in an era full of opportunities and challenges. All these achievements are inseparable from the wisdom, hard work, and support of everyone present; it is your collective efforts that have converged into a mighty torrent propelling our cause forward.

Looking to the future, the task ahead is arduous and the road is long. Let us continue to join hands and transform the reunion and harmony symbolized by the Mid-Autumn Festival's full moon into the cohesive force of teamwork; let us transform the patriotism and fighting spirit inspired by National Day into the practical action. Upholding the belief of unity between the nation and the people, let us meet new challenges and create new glories with even higher morale and a more pragmatic style, contributing even more to this land we all love.

Finally, on this night of celebration, a night of beautiful flowers and a full moon, let us raise our glasses together:

May our people live in peace and prosperity! May our shared cause flourish and achieve even greater success! May everyone present enjoy happiness, health, and good fortune! May our great ancestral homeland prosper and flourish!

Finally, I wish Chairman Zheng's Mid-Autumn Festival performance a complete success! Thank you everyone!

(Agathia Yin Lan Ge)



Our President Yin Lan Ge was invited to attend the "50th Anniversary and Mid-Autumn Festival Celebration of the Purple Bamboo Grove" event held at Sydney Town Hall. Congratulations!



INVITATION

Respected Chairwoman Yin Lan Ge

We cordially invite you to attend the 50th Anniversary Celebration of the Purple Bamboo Grove City Hall, where thousands of seniors will enjoy the cool moon together at the Australia-China Charity Mid-Autumn Festival Carnival.

Time: Sunday, October 5th (Registration starts at 10:30 AM, session begins promptly at 11:00 AM)

Sydney Town Hall

Address: 483 George Street, Sydney NSW 2000

Hannyaji Temple

Prajna Monastery Aus

CHINA CHARITABLE FO

AUSTRALIA

ACCF

NSW Winter Charity Foundation



Organizer: The Organizing Committee of the "50th Anniversary of the Founding of Zizhulin / Australia-China Charity Mid-Autumn Festival Carnival"

Co-Chair: Venerable Prajna, Xie Xiongming, respectfully invited

Please reply by September 25, 2025!



Today, October 5th, 2025, at 10:30 AM, I attended and performed at the "50th Anniversary Celebration of Zizhulin" banquet at the invitation of Venerable Prajna from Sydney. It was truly a meaningful experience. Showcasing culture, participating in charity, and bringing festive warmth to the elderly on a stage in a foreign land, I spent an extraordinary Mid-Autumn Festival.

President Yin Lan Ge has been engaged in social charity work for many years. She is recognized by the Australian government and has received numerous awards. She not only actively participates in the activities of various community organizations, but also makes positive contributions to the friendship between China, Australia, and Russia. I applaud her!

Closing Words

Goodbye, vibrant October, a month brimming with stories. Let us join hands and move forward to greet an even brighter dawn!

| November 2025 Briefing

| Community Update

Granville Dance Hall provides entertainment for seniors four days a week—Monday, Tuesday, Thursday, and Friday mornings—in this spacious and comfortable environment. This environment reflects the hard work of our President Yin Lan Ge, President Xin Jia Dou, and all the volunteers. Dancers generally report that the musical styles are becoming more diverse and appealing. This spacious area not only belongs to nature but also to every senior who loves life.





Under the personal leadership of President Yin Lan Ge Yinglan, the Karachi City Activity Center has become a favorite home for descendants of Chinese and Russian people, as well as middle-aged and elderly friends. Over the years, it has received numerous awards from government departments.

On the morning of December 25th, we visited the Calgary City Activity Center... A bright and spacious building—the Kazakhstan City Activity Center—reflects warm sunlight. Pushing open the glass doors, a vibrant array of colors greets the eye. Inside, members of the Russian-language singing group are rehearsing, preparing for a performance at a Christmas celebration. Their voices are beautiful and melodious, each singer cooperating diligently and exchanging experiences with one another.



Entering the kitchen brought an even bigger surprise. The two presidents personally helped prepare lunch for the elderly living at home. It turned out that due to volunteers returning to their home countries, there wasn't enough manpower. President XinJia Dou personally cooked for two weeks. It was so touching. President XinJia Dou, who is nearly 80 years old, has devoted himself wholeheartedly to the work of the association and is always busy.



The volunteers at the City Activity Center have a heavy workload, but they are diligent and responsible, and deserve praise.

Happy and content seniors enjoy life and savor delicious food here.





After lunch, around 1 p.m., a beginner singing class was also held here. The course was taught by Ms. Lanlan, a professional teacher with twenty years of experience in vocal instruction.



The Auburn Home Care Program's senior living group actively provided translation services for those who were not fluent in English. President Yin Lan Ge also attended and provided explanations. Thank you to President Yin Lan Ge and Manager Brenda for spending several hours completing the translation work for those who needed it. Manager Brenda's patient and meticulous work attitude was highly praised by everyone. Thumbs up for you.



Zhang Xiumei (Amy)

Thank you, President Yin Lan Ge, for taking the time out of your busy schedule to help us with our home-based elderly care arrangements. Thank you, Secretary-General Jiang, for your patient explanations. Thank you, my manager, Brenda, for being so busy. It's so great to have met you all; you're like family! Thank you!



On November 7, 2025, at 6:00 PM, at the invitation of Zarina Gabieva, Consul General of Russia in Sydney, Veia, Alia, and I attended the welcoming ceremony for the inauguration of the Russian Ambassador to Canberra.

A solemn opening:

The Consul General, as the host, delivered the opening remarks, welcoming all the guests and setting the tone. This was followed by a speech from the Ambassador, who had traveled all the way from the capital, Canberra, which established the official status and importance of the event.

Wonderful theatrical performances:

Professional song and dance performances showcase the soul of Russia. They not only enhance the atmosphere but also demonstrate to all guests, especially the visiting ambassadors, the vibrant cultural energy and rich artistic heritage of the local Russian community in Sydney.

A delightful exchange and feast:

The final meal, featuring delicious food and wine, was a direct reflection of Russian hospitality. In a relaxed and enjoyable atmosphere, the shared emotions ignited by the speeches and performances were continued and deepened, allowing for more natural and in-depth conversations between hosts and guests. The evening perfectly blended the solemnity of the official ceremony, the infectiousness of culture and art, the warmth of community cohesion, and the joy of culinary socializing.

This was truly a model community event in every aspect. Being able to participate in such a grand event will undoubtedly be a very bright and memorable moment in 2025.



On the evening of November 7th, at the invitation of the Russian Consul General in Sydney, President Yin Lan Ge and two others attended the welcoming ceremony for the new Russian Ambassador to Canberra.

Father Nikita's 50th Anniversary of Service Celebration Summary

I. Celebration Overview

- Date: November 9, 2025
- Location: Morning: Fairfield Church; Afternoon: Canley Heights Restaurant
- Attendees: Father Nikita, the Archbishop, numerous priests, Mr. Mihail Ivannovi, Russian Ambassador to Canberra, 500 Orthodox believers and community members.
- Theme: Celebrating and giving thanks for Father Nikita's 50th anniversary of dedication.

II. Event Schedule

Morning: Solemn Religious Service (9:00 AM, Fairfield Church) Early in the morning, Fairfield Church was already packed with 500 believers. In a solemn and sacred atmosphere, the Archbishop and priests jointly presided over the celebratory religious ceremonies. Hymns echoed beneath the church dome, and various forms of prayer and communion converged into a hymn of faith and dedication, creating an uplifting atmosphere and a perfect prelude to the celebration.

Afternoon: Luncheon of Thanksgiving and Celebration (1:00 PM, Canley Heights Restaurant)

1. **Review of Work Experience:** A priest first took the stage to movingly recount Father Nikita's fifty years of faithful service, leading everyone through his half-century of dedication.
2. **Recognition of Social Contributions:** Following this, the Archbishop delivered an important speech, highly praising Father Nikita's outstanding and selfless contributions not only to the Church but also to the entire community.
3. **Official Remarks of Tribute:** Mr. Mihail Ivannovi, the Russian Ambassador to Canberra, delivered a speech, representing official recognition and gratitude for Father Nikita's work in uniting the community and preserving culture.
4. **Community Representative:** As a representative of the Sino-Russian descendants community, I delivered a heartfelt and moving speech. On behalf of more than 5,000 community members, I expressed our sincerest gratitude to Father Nikita for his religious support and spiritual comfort at every crucial juncture in his life over the past forty years—from his children's baptisms and grandchildren's weddings to his elders' funerals. These words undoubtedly expressed the sentiments of all the families present.

III. The Atmosphere of the Celebration

The entire luncheon proceeded in a lively, friendly, and warm atmosphere. Attendees shared fond memories of Father Nikita, and the room was filled with laughter and deep emotion, witnessing together this sublime tribute to a lifelong devotee.

Congratulations again to Father Nikita, and thank you to everyone who contributed to this event! This is truly a day to remember.

Address by Agathia Ge Yinglan at Father Nikita's 50th Anniversary Celebration

(November 9, 2026, afternoon, Canley Heights Restaurant)

Your Excellency Father Nikita, Mrs. Katarina, Your Excellency Russian Ambassador to Canberra, Mr. Mihail Ivannovi, Your Excellency Archbishop, Fathers, Fellow Orthodox Catholics,

Today, with profound reverence and gratitude, I stand here on behalf of my family of 14, and on behalf of countless families who have benefited from your grace, to offer you—our beloved Father Nikita—a profound tribute to your fifty years of faithful service.

In 1984, our entire family traveled from Hailar City, Hulunbuir League, Inner Mongolia, China, across mountains and sea to Cabramatta, Sydney. At that time, we arrived empty-handed, but our hearts were filled with longing for our homeland and trepidation about our new life. And in this unfamiliar land, it was you, Father Nikita, who, with the sacraments and love of the Orthodox Church, built a spiritual home for us.

For over forty years, you personally baptized our sons and sprinkled holy water on my granddaughters, allowing them to be reborn in faith; you presided over my son's wedding ceremony, making the vows sacred and firm before God; you also recited the Requiem Prayer for my parents when they passed away, sending them off on their final journey. Every Easter, despite your advanced age, you personally went to my parents' graves to pray, warming the morning light in the cemetery with your blessings. These delicate and solemn rites are not just for my family, but for the five thousand families who have immigrated to Australia from Inner Mongolia and Xinjiang—you have poured your heart and soul into them, working tirelessly day and night.

With the highest quality and most efficient service, you have soothed the homesickness of the displaced and lit the lamp in the hearts of the lost. Every sacrament is a moment of your work with God; every verse is a spring of sweet water for our souls. In you, we see the kindness of a shepherd, the steadfastness of a father, and, above all, the living embodiment of Christ's love.

Today, as you complete half a century of pastoral ministry, we salute you and give you our thanks. You have not only served our physical needs but also purified the refuge of our hearts. May the Lord continue to grant you health and strength, and may your good deeds shine like light, passed down through generations.

Thank you, Father Nikita! May the Lord bless you with a long and healthy life, and may the fruits of your service be ever abundant!

We will forever be grateful for your contributions!

Agathia Ge Yinglan

November 9, 2025, at the celebration site

| Closing Words

In conclusion: As the story of November quietly comes to a close, we welcome the Christmas prelude in December. Let us light up the Christmas starlight and gather brilliance for the new year...

| December 2025 Briefing

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December is a warm season where starlight and lamplight intertwine. The Multicultural Seniors Association and the Australian Russian-Chinese Friendship Association held various celebrations before Christmas to jointly celebrate the arrival of Christmas and the New Year.



On the morning of December 10th, the Multicultural Seniors Association and the Australian Russian-Chinese Friendship Association held a grand Christmas and New Year's celebration performance at Granville Town Hall. Photographers Mr. Zhang Hu and Mr. Bao Jun created exquisite photos for the event, capturing many beautiful moments. The event concluded with an exciting lucky draw.



On December 10, 2025, from 9:00 AM to 12:00 PM, the Multicultural Seniors Association held a grand "Christmas and New Year's Celebration" at Granville Town Hall in Sydney. This performance was not only a festive gathering but also a cultural showcase. As familiar melodies filled the air, vibrant red hues on the stage ignited the winter chill like flames, embodying the passion and boldness of Russian style—a group of middle-aged and elderly friends who love life used dance to tell stories of distant places and express their deep longing for their homeland.



On December 10th, the Multicultural Seniors Association held a New Year's and Christmas celebration performance at Granville Town Hall.

(Granville Town Hall) was solemnly held.

The Multicultural Seniors Association was established in May 2012. It is a social welfare and charitable organization registered with the New South Wales government. The president is Yin Lan Ge, and the executive president is XinJia Dou.

For over a decade, the Friendship Association has adhered to its mission of serving and caring for middle-aged and elderly people, carrying out various activities beneficial to their physical and mental health. Currently, the Association has over a dozen affiliated art groups, and the performances by these groups this time were truly spectacular...~

Hello dear family!

At this joyous time of bidding farewell to the old year and welcoming the new, we gather together to celebrate Christmas and greet the arrival of the new year. On this joyous, peaceful, and hopeful occasion, on behalf of the organizing committee of the Multicultural Seniors Association, I extend my sincerest holiday greetings and best wishes for the New Year to all our brothers and sisters of all ethnicities present, as well as all our middle-aged and elderly friends!

Looking back, we are filled with gratitude. In the past, our association, this warm and welcoming family, has brought together brothers and sisters from different ethnic backgrounds. Although we have different cultural backgrounds and lifestyles, we are all united in respecting, learning from, and helping one another. We have participated in a variety of cultural and sports activities together, learned beneficial knowledge and skills, shared wisdom and insights about life, and forged deep and sincere friendships. Every laugh and every moment of walking hand in hand has made our later years more fulfilling, colorful, and warm. We thank every member for their active participation and selfless dedication; it is everyone's enthusiasm that has illuminated our united, harmonious, and joyful community. During our Christmas Festivities, we all all aspire to spread peace and joy. Christmas embodies so many things and especially people's beautiful aspirations for happiness and love. In this warm holiday season, let us unite as one, sharing this blessing and warmth that transcends cultures. May the bells of peace reach everyone's heart, and may the melodies of joy strengthen our bonds. Let us, in our celebrations, gain a deeper understanding of the inclusiveness and harmony of the Chinese nation, and experience the moving tapestry of cultural exchange and mutual learning among Australia's various ethnic groups.

The New Year ahead- we are filled with anticipation for what is to come! The new year is like a painting waiting to be created, awaiting our collective efforts to add vibrant colors. We hope our association will continue to serve as a bridge and link, constantly innovating activity formats and enriching content, building a broader platform for communication and providing more thoughtful services. We hope all our middle-aged and elderly friends will take care of their health, maintain a youthful spirit, and continue to showcase their talents and contribute their energy in the association's various activities, making "learning, enjoying life, and contributing in old age" the most positive experience in our lives. Let us join hands, with greater enthusiasm, healthier bodies, and brighter smiles, to greet the sunrise of the new year and create a happier and more beautiful tomorrow!



The Australian Russian-Chinese Friendship Association's ballroom dance group held a costume party to celebrate Christmas.

The day was sunny and the temperature was just right. At 8:30am, President XinJia Dou, the sound engineer, and the volunteers arrived early at the Garville Town Hall dance floor to begin setting up the venue. They meticulously organised music and lighting with great passion, creating a vibrant and festive atmosphere.

After 9:00, handsome men and beautiful women, dressed in their festive best, slowly entered the dance floor. They took photos to commemorate their beautiful attire and graceful dance moves.

The ball officially began with a passionate Latin dance, followed by the ballroom waltz, their energy igniting in their movements and drawing everyone into their finery. Today's ball was not just a celebration, but also a deep exchange of feelings among dancers, brimming with happiness.

Thank you to the Australian Russian-Chinese Friendship Association. for providing a platform for participants to cherish these memories and celebrate Christmas together.







On December 4th, members of the Australian Russian-Chinese Friendship Association participated in a music gathering hosted by Fairfield Council. This event enriches our community activities and is deeply loved by the residents.



This Thursday, December 4th, 2025, stepping out of our homes to enjoy music and connect with all the diverse communities living in Fairfield is something to be celebrated and cherish. Music has a unique power to connect hearts and evoke beautiful memories.

We hope the melodies at the concert brought joy and relaxation to everyone. We also made new friends and met old acquaintances. These kinds of community events are what make our daily lives warmer and more vibrant.

We listened to a passionate speech by Fairfield Council Mayor Mr Frank Carbone, shared many highlights from the concert, and commemorated the event by taking lots of photos with the mayor! Thank you to Fairfield Council for organizing such a meaningful event for all seniors!

On December 14th, members of the Australian Russian-Chinese Friendship Association were invited to participate in the celebration event at the Australian Space Museum. It was a successful cultural showcase and a powerful expression of friendship.



On Sunday, December 14, 2025, the Australian Russian-Chinese Friendship Association attended the 80th anniversary celebration of the Australian Space Museum at the invitation of the Russian community. It was a wonderful cross-cultural exchange and celebration! The event was filled with friendship, art, and diplomatic courtesy.

The participation of the Australian Russian-Chinese Friendship Association symbolizes the continuation and flourishing of the friendship between the two peoples in a third country. As a group with dual cultural backgrounds, we are a natural bridge connecting Chinese and Russian cultures with Australia's diverse society.

High-level diplomacy and etiquette:

The highest level of Russian hospitality—welcoming Ambassador Mikhail Ivanovich Petrekov with bread and salt—demonstrates the long-standing and warm tradition of Russian hospitality.

Ambassador Mikhail Ivanovich Petrekov's presence undoubtedly added formality and importance to the event.

The performances by our dance troupe and choir were the heart of the event. The most moving moment came when our Russian friends spontaneously joined in the singing and dancing, transcending the boundaries between performers and audience. It became a truly meaningful moment of community, driven by emotion and rhythm. Music and dance became a universal language that needed no translation, connecting the hearts of Chinese and Russian descendants with those of Russian descent.



Group 305 held a workshop at the Russian Club, 1-3 William St Lidcombe. In preparation for their performance at the Fairfield Council's 2nd Annual Seniors' Week Arts Festival on March 5, 2026, Vice President Yang Na submitted a meticulously crafted choral proposal, "Auld Lang Syne," for discussion. The proposal involves organizing a multicultural choir to participate in the festival performance, starting with a recitation.

The group will also include a band and a Russian dance troupe. Attendees unanimously agreed that the proposal, with its uniqueness and broad appeal, closely aligns with the theme "A Colorful Life" and is sure to achieve excellent results. Members fully expressed their opinions, specific responsibilities were clearly defined, and the work is proceeding smoothly and efficiently.



At 12:00pm on December 31st, the Multicultural Seniors Association and the Australian Russian-Chinese Friendship Association held a grand New Year's Eve luncheon and celebration at the Tian Tian Yu Cun Restaurant in Kashi.

The event, themed "Home-based Elderly Care, Farewell to the Old Year, Welcome the New Year," was filled with festive cheer and laughter.

The celebration began with a speech from President Yin Lan Ge, who introduced Candy Hu, the manager of the home-based elderly care center, and Su Lihua, the group leader, and wished everyone a Happy New Year.

The entire event was exciting and fun. Vice President Yang Na's witty Q&A session fostered interaction among the attendees. The wonderful artistic performances were exhilarating, with melodious singing and even an accordion player adding to the festivities.

It was fantastic! During the event, everyone wished those born in December a happy birthday. Touching and heartwarming.

Each dance on the dance floor filled the air with joy.

During the meal, leaders warmly toasted each person, their hospitality fostering a sense of unity and solidarity. Such kindness!

Today, our friends who enjoy retirement at home gathered for a warm luncheon, spending the day in a harmonious, joyful, and enthusiastic family atmosphere.

This inspires us to continue working together to create a better future and achieve even greater success!

The party was a complete success. Special thanks to the host, sound engineer, photographer, videographer, and volunteers for their hard work. Thank you all!

